



Monthly NEWSLETTER



August

Rising Stars Gymnastics

2026

August Skill Clinics!

We are now offering skill clinics this summer.

\$35/ child per clinic session

8/19: 9-10:30 Handstands and Cartwheels

10:30-12 Handsprings

**Cartwheels & handstands - all levels welcome

**walkover clinic- intermediate and up

**handspring clinic- advanced/masters

Sign up through our front desk

@office@risingstarsgym.com

or call 651-730-4376



CLOSED DATES

We are closed the week of **August 24th -28th** for preparing for back to school!

Closed **Monday, Sept. 7** for labor day.



School Year Schedule Starts: August 31

Our school year enrollment is open! Join us this fall for fun, fitness, and new skills!

Reserve your spot now!

[Register Here](#) or call 651-730-4376



Rec Student of the Month

Kynlee Z.

Kynlee is one of our intermediate gymnasts. She was nominated by her coach Clarissa for her hard work, determination, and fast progression in our rec program. Kynlee started in the preschool room in June and quickly progressed to beginner. Now as of this week, she has made the move to intermediate! Kynlee has been working hard on the details of her skills and the strength needed to complete the challenging skills. We are so proud of you Kynlee!

Good to know:

Open Gym

Want to come for more fun in the gym? Come to our open gym!

Fridays 12:15-1:15 PM.

\$10 for members

\$15 for non-members

Leave us a google review!

Do you love our gym?
Leave us a google review!
Every review will be entered into a monthly drawing to win an open gym pass!

Testing week

Testing week will be during the week of August 17th-28th. See updates and scores through IClassPro!

Follow us on social media to stay updated!

[@risingstarsgymmn](https://www.instagram.com/risingstarsgymmn)



Visit Our Website:

651-730-4376 | risingstarsgym.com