



RISING STARS GYMNASTICS ACADEMY

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Doing My part to Keep RSGA and My Favorite Gymnast Safe

I want to do my part to help Rising Stars Gymnastics Academy (RSGA) keep my child(ren), their teammates, the coaches, other families, and everyone at the gym as safe as possible during the COVID-19 pandemic. I have read, understood and agree to follow the following policies and procedures.

**Note: Every family must have this agreement on file before a gymnast can participate in activities.*

I understand and agree that:

- All participants/members/staff/guests will have their temperature checked with touchless thermometer prior to entering the facility and anyone with temperature above 100.1° will not be permitted to enter
- I will drop off my student and pick them up at the designated doors to the gym
- Only one parent/guardian will be allowed to enter the building at the main entrance (No siblings)
- I will wear a mask or face covering if I need to enter the building
- My child(ren) will wear a mask or face covering to enter the building. They may take it off after passing the temperature check
- If no seating is available, I will need to wait outside. I understand RSGA is working on integrating a livestream video option
- I will support the social distancing standard of 6' to 10' while at RSGA
- Practice start and end times will be staggered to ensure time for students to get in and out of the gym safely, to provide time for staff to wipe down equipment between each practice, and for coaches to thoroughly wash their hands
- My child(ren) will have regular opportunities to use the hand sanitizing stations available in all areas of RSGA
- My child(ren) will use the restroom and wash their hands thoroughly before leaving home and while at the gym as needed
- My child(ren) will bring their clearly marked bag to RSGA each day with all recommended items included
- I will have my child(ren) wash hands and feet thoroughly upon arriving back home and their bag(s) cleaned upon arriving home and again before they bring the bag(s) back into RSGA.
- I agree to keep my child(ren) home if they or anyone in my family is coughing, has a temperature over 100.1°, or other COVID-19 symptom
- I understand and agree these procedures and protocol will change and evolve over time and that I will follow any new standards required by the State of Minnesota and/or Rising Stars Gymnastics Academy

I understand the coaches and RSGA staff will make a strong effort to maintain social distancing, but there will be times when incidental contact and less than prescribed physical distancing will occur. I am aware and agree that spotting is an essential part of training my child(ren) in order to keep them safe and to prevent injury. I will allow my child(ren) to be spotted when spotting is necessary.

I further understand that I am voluntarily allowing my child(ren) to participate in programs and activities offered by Rising Stars Gymnastics Academy (RSGA) knowing that it is impossible to keep them, myself, or anyone else who enters the RSGA completely safe from exposure to the COVID-19 virus. I accept that risk.

I understand and agree my child(ren) will be shown on livestream video in the facility

Child #1

Child #2 (if applicable)

Signature of Parent/Guardian

Date