

Rising Stars Invitational
Colin Powell Center
2924 4th Ave, Minneapolis, MN 55408

(as of 2/7/18)

Saturday, March 10, 2018

Purple Gym
(Modified Capitol Cup)

Session 1 P ~ Level 7

Gleason's E, Laketown, *Legacy, No Boundaries, Perpetual Motion, Premier, Revolution, *Rising Stars, Spirit

8:00	Door open
8:15	Open Stretch, bar setting
8:35	Teams Introduction
8:40	1 st event warm-up (side A)
8:50-12:10	Competition

Individual and Team Awards to follow

Session 2 P ~ Level 9/10

Level 9: KidSport, Midwest, Perpetual Motion, Premier, Revolution, Rising Stars, *TAGS EP

Level 10: Gleason's E, KidSport, Legacy, Midwest, MN Valley, Perpetual Motion, Premier, Revolution, Rising Stars, *TAGS EP

12:40	Open Stretch, bar setting
1:00	Teams Introduction
1:05	1 st event warm-up (side A)
1:25 - 4:00	Competition

Individual and Team Awards to follow

Session 3 P ~ Level 8

EGA, Gleason's E, Jam-Hops, Midwest, MN Valley, *Legacy, Perpetual Motion, Premier, Revolution, Rising Stars, TAGS EP

4:30	Open Stretch, bar setting
4:50	Teams Introduction
4:55	1 st event warm-up (side A)
5:10-7:30	Competition

Individual and Team Awards to follow

Green Gym
(Modified Capitol Cup)

Session 1 G ~ Bronze

Dynamics, Dynamics Flights, Gleason's E, *JETS, *Legacy, *Mini-Hops

8:00	Door open
8:15	Open Stretch, bar setting
8:35	Team introduction
8:40	1 st event Timed Warm-up
8:45-10:10	Competition

Individual and Team Awards to follow

Session 2 G ~ Silver

Dynamic Flights, *JETS, *Legacy, *Mini-Hops, *TAGS EP, TAGS S

10:40	Open Stretch, bar setting
11:00	Team introduction
11:05	1 st event Timed Warm-up
11:15-1:00	Competition

Individual and Awards to follow

Session 3 G ~ Platinum/Diamond

Platinum: EGA, Gleason's E, *JETS, *Legacy, *Mini-Hops, *Perpetual Motion, *TAGS EP

Diamond: EGA, Gleason's E, JETS, Legacy, Mini-Hops, Perpetual Motion, TAGS EP

1:30	Open Stretch, bar setting
1:50	Team introduction
1:55	1 st event Timed Warm-up
2:10 – 5:10	Competition

Individual and Awards to follow

Session 4 G ~ Gold

Dynamics, JETS, *Legacy, Mini-Hops, **Rising Stars (3 groups)

5:40	Open Stretch, bar setting
6:00	Team introduction
6:05	1 st event Timed Warm-up
6:20-9:00	Competition

Individual and Awards to follow

*** Team split into two groups, need extra coaches**

(as of 2/7/18)

Rising Stars Invitational
Colin Powell Center
2924 4th Ave, Minneapolis, MN 551408

Sunday, March 11, 2018

Daylight savings! Set clocks ahead 1 hour.

Purple Gym

(Modified Capitol Cup)

Session 4 P ~ Level 6

*Dynamics, EGA, Jam-Hops, Legacy, MN Aerials, MN Valley, Perpetual Motion, Premier, RGC, Rising Stars, Spirit, TGA

8:00	Door Open
8:15	Open Stretch, bar setting
8:35	Teams Introduction
8:40	1 st event warm-up (side A)
8:55-11:30	Competition

Individual and Team Awards to follow

Session 5 P ~ Level 8/9

Level 8: Dynamics, JETS, IGM, Laketown, RGC, Spirit, TGA

Level 9: Dynamics, EGA, IGM, Jam-Hops, JETS, Laketown, *Legacy, RGC, Spirit, TGA

12:00	Open Stretch, bar setting
12:20	Teams Introduction
12:25	1 st event warm-up (side A)
12:40-3:00	Competition

Individual and Team Awards to follow

Session 6 P ~ Level 7

Level 7: Dynamics, *EGA, IGM, Jam-Hops, *JETS, Classic, Midwest, RGC, *TGA

3:30	Open Stretch, bar setting
3:50	Teams Introduction
3:55	1 st event warm-up (side A)
4:10-6:50	Competition

Individual and Team Awards to follow

Green Gym

(Modified Capitol Cup)

Session 5 G ~ Bronze

*EGA, *IGM, * No Boundaries, *Perpetual Motion

8:00	Door Open
8:15	Open Stretch, bar setting
8:35	Team introduction
8:40	1 st event Timed Warm-up
8:50-10:20	Competition

Individual and Team Awards to follow

Session 6 G ~ Gold

EGA, *Gleason's E, IGM, No Boundaries, *Perpetual Motion, *TAGS EP, TAGS S

10:50	Open Stretch, bar setting
11:10	Team introduction
11:15	1 st event Timed Warm-up
11:30-2:15	Competition

Individual and Awards to follow

Session 7 G ~ Silver

Dynamics, EGA, Gleason's E, IGM, *No Boundaries, *Perpetual Motion, **Rising Stars 3 gr.

2:45	Open Stretch, bar setting
3:05	Team introduction
3:10	1 st event Timed Warm-up
3:20-5:30	Competition

Individual and Awards to follow

Session 8 G ~ Platinum

**Dynamics (3 groups), * IGM, No Boundaries, *Rising Stars, TAGS S

6:00	Open Stretch, bar setting
6:20	Team introduction
6:25	1 st event Timed Warm-up
6:40 – 8:30	Competition

Individual and Awards to follow

*** Team split into two groups, need extra coaches**